

MENU IDEAS

BREAKFAST



RAISIN TOAST
PLUMS
MILK

ENGLISH MUFFIN W/MARGARINE
CANTALOUPE
MILK

CHEERIOS
BANANA
MILK

OATMEAL
APRICOTS
MILK

FLOUR TORTILLA W/CHEESE*
POTATOES
MILK

FRENCH BREAD
ORANGE WEDGES
MILK

BLUEBERRY MUFFIN
APPLE SLICES
MILK

ZUCCHINI MUFFIN
HONEYDEW MELON
MILK

BAGEL W/COTTAGE CHEESE
PINEAPPLE
MILK

HOMEMADE BISCUIT
FRUIT COCKTAIL
MILK

PANCAKE
STRAWBERRIES
MILK

PUMPKIN BREAD
PEARS
MILK

SNACKS



YOGURT
BANANAS

GRAHAM CRACKERS
APPLESAUCE

APPLE SLICES
MELTED PEANUT BUTTER

WHEAT CRACKERS
BABY CARROTS

½ TURKEY SANDWICH
APPLE JUICE

ORANGE JUICE
ANIMAL CRACKERS

TOASTED BAGEL
SLICED CHEESE

BANANA BREAD
MILK

PINEAPPLE
COTTAGE CHEESE

LUNCH OR SUPPER



TUNA & MACARONI CASSEROLE
CUCUMBER SLICES
PINEAPPLE
MILK

BARBECUE CHICKEN
POTATO SALAD
NECTARINE SLICES
DINNER ROLL

SLOPPY JOE
COLESLAW
PEACHES
MILK

TURKEY SANDWICH
BAKED TATER TOTS
STRAWBERRIES
MILK

SPAGHETTI WITH MEAT SAUCE
SPINACH SALAD
ORANGE SLICES
MILK

BAKED CHICKEN
CORN ON THE COB
WATERMELON
BISCUIT
MILK

BEEF & CHEESE TACOS
LETTUCE AND TOMATO
FRUIT COCKTAIL
MILK

GRILLED CHEESE
VEGETABLE SOUP
BANANA
MILK

HAM & CHEESE SANDWICH
CELERY STICKS
APPLESAUCE
MILK

BAKED FISH
PEAS
APPLE SLICES
RICE
MILK

ENCHILADAS
RICE
GREEN SALAD
PEARS
MILK

CHICKEN NOODLE CASSEROLE
STEAMED CARROTS
HONEYDEW MELON
MILK

